

Ciabattas & Jackets

(SERVED LUNCHTIMES ONLY)

All served on either hot Ciabatta or crispy jacket potato with green leaf garnish

CHEESE £2.95

CHEESE AND TOMATO £2.95

CHEESE AND ONION £2.95

HAND CARVED HAM £3.45

HAM AND MUSTARD £3.45

ROAST BEEF AND HORSERADISH £3.95

HOT BEEF AND MUSHROOMS £3.95

PRAWN MARIE-ROSE £4.50

CHICKEN MAYONNAISE £3.95

BAKED BEANS £2.95

BEANS AND CHEESE £3.45

TUNA MAYONNAISE £3.95

TUNA AND ONION £3.95

Side Orders

CHIPS £1.95

ONION RINGS £2.50

GARLIC CIABATTA £2.50

GARLIC AND CHEESE CIABATTA £2.95

SAUTEED MUSHROOMS £2.50

EXTRA POTATO £1.95

CIABATTA ROLL AND BUTTER £1.95

Menu



Starters

BREADED WHITEBAIT £4.45

Fast fried in seasoned oil till crisp & served naturally with a tartar accompaniment

DEEP FRIED CREAMY CAMEMBERT £4.75

Two roundels of camembert served hot on a bed of green leaves with a sweet redcurrant jelly

DUO OF MINI CRAB CAKES £4.45

Hot and crispy crab cakes with a fresh tarragon and zesty lemon dip

CHEF'S HOMEMADE SOUP OF THE DAY £3.75

Served with fresh crusty Ciabatta & real butter

BUFFALO CHICKEN WINGS £3.50

Our chefs own marinated duo of full chicken wings, charred in hot ovens for full flavour & served with a hickory smoked bbq sauce

HALF RACK OF PORK RIBS £6.75

Classic 'Smokey Joes' rib rack served with our sticky bbq sauce

'THE ITALIAN JOB' £3.95

A mix of juicy olives-fresh crusty Ciabatta bread with a rich olive oil and balsamic vinegar dip

Main Course

SINGAPORE SALMON FILLET £8.95

Poached skinless fillet of salmon drenched in our special lemongrass & coriander sauce, finished with a hint of lime

BARBEQUE CHICKEN 'N' RIB COMBO £12.95

A fresh boneless, skinless breast of chicken poached in hickory smoked bbq sauce, topped with a half rack of 'Smokey Joes' ribs & served with green leaves & hot fries

HALF HONEY ROASTED DUCKLING £13.95

Half a honey roast duck, slow roasted with fresh honey, served with a tangy hoi sin dip, green leaves and crisp fries

THE WESTWARD DOUBLE FILLET CHICKEN STACK £7.95

Prime chicken fillet patties towered with green leaves, mayo salsa & raw slices of fresh Spanish onion served with a side of fries

DEEP FRIED GOLDEN WHOLETAIL

SCAMPI £7.95

Pieces of crispy whole tail scampi served with peas, chips and a tartar dip

HAND CARVED HONEY ROAST HAM £6.95

Served with a duo of fresh eggs and chips

CHEF'S SPECIALITY PIE £7.95

Chef's choice pie of the day served with chips and garden peas

10oz HORSESHOE GAMMON STEAK

WITH PINEAPPLE £8.95

Grilled to your liking & served with peas and chips

BARBEQUE BREAST OF CHICKEN £7.95

A boneless skinless breast of chicken poached in our special bbq sauce, topped with grated cheddar and served with green leaves and fries

Hot and Cold Salads

All our salads are served on a myriad of fresh crisp green leaves & tossed in chef's choice of fresh dressings and marinades

MEXICAN CHICKEN £8.95

Prime skinless boneless chicken breast poached in a hot salsa reduction and finished with fresh lime

HOT PIRI PIRI CHICKEN £8.95

We've given this classic dish a fresh Cuban twist, using lime, orange & mango. The flavours will make your taste buds tingle!!! A hot but Moorish dish complemented completely with the fresh crisp leaves

TENNESSEE TUNA STEAK £9.45

A fast fired tuna steak broken down into a spicy Cajun and tomato marinade seasoned with rock salt and cracked black pepper

LAMB KOFKA SALAD £7.95

Skewers of spicy lamb with mint overtures, classically cooked, laid on a bed of leaves and drizzled with a cooling yoghurt and mint raita

GIANT MUSSELS COLD MARINERE STYLE £7.95

A half dozen giant New Zealand green lip mussels, super chilled and tossed in a mild garlic and flat leaf parsley sauce on crisp leaves with lemon and lime

THAI COD AND PRAWN FISHCAKES £7.95

Two tasty fishcakes laced with lemongrass on a bed of seasoned leaves tossed in olive oil and served with a sweet chilli drizzle